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RHENISH NEWS

Excellence ● Compassion ● Accountability
Integrity ● Diversity ● Respect

Eastern Cape Sport & Cultural Tour 2024



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Photographs: Mr Piron, Mr Swart, Mrs Forsyth, Mrs Malan, Ms Harbour, Ms Schreuder,
Ms Hall, Amber Mendes, Media Services



RHENISHERS KNOW ALL THE ANSWERS

Going into the Collegiate tour, all six members of the quiz team - junior and senior - didn't know what to expect as we had never done anything like this before. On arrival at Pearson High School, on Thursday, 25 April, we discovered that the Eastern Cape schools participate as part of a school's league.

Even though we lost our first quiz, we did well, answering three rounds of general knowledge questions that were quite difficult.

On Saturday, 27 April, we were much more confident when we faced the Collegiate teams as we knew what to expect, and it showed; both of our teams won their quizzes, ending the tour on a good note!

I would like to thank Ms Schreuder for overseeing the quiz teams and making sure we got where we needed to be on time, as well as both the Pearson and Collegiate quiz organisers who put in a lot of time and effort to make the experience so much fun for us. We thoroughly enjoyed quizzing!

Caitlin Bennie



Rhenishers show their mettle in the Public Speaking contests on tour



This past weekend, Rhenish sent four learners on the Eastern Cape tour to participate in public speaking. There were two seniors, Kristin Petersen and I (Hannah Blood), and two juniors, Olivia Jones and Jemma Hendricks.

On Thursday afternoon, we competed against Pearson High School. We each had to give a prepared speech of 3-5 minutes on a persuasive topic of our own choice. Kristin spoke on the power of imagination, and my topic was why physician-assisted suicide is morally justifiable. Olivia discussed the importance of reading to create a better South Africa, while Jemma spoke about peer pressure and how to deal with it. The seniors were victorious, but the juniors lost to the speakers from Pearson.

On Friday, we spoke at Collegiate Girls' High. Tensions were high as this was what we had all been waiting for. We delivered our prepared speeches, and then we had to give an unprepared speech of one minute on a topic given to us by the adjudicator. After a long afternoon, the results were announced. We were all elated to hear that both the junior and senior teams from Rhenish had won, with Olivia Jones taking first place for the juniors and myself first in the senior competition. This weekend was very nerve-wracking for all of us, but we learnt from our mistakes and ultimately had much fun together as a group.

Thank you, Ms Harbour, for accompanying us, and Rhenish for this wonderful opportunity.

Hannah Blood



Our chess players - still the queens of our hearts.

The chess team enjoyed visiting Collegiate Girls' High School on our Eastern Cape Sport and Culture Tour. The results were close and ended up being 3,5-4,5 to Collegiate Girls' High School. Everyone definitely played their hearts out. A special congratulations to Amy-Leigh Gibson, Faith Martin, and Layla Williams, who won their matches, and Naylan Saaiman, who drew with her opponent.

This experience not only tested our skills but also brought us closer together. We made new friends with our fellow Gqeberha chess players and bonded over victories, tight matches, and, most fondly, the practices we had as a team outside the tournaments. This sense of camaraderie is what makes our team strong and united.

Nikita Barker

Our chess team recently visited Pearson High School on the Eastern Cape Sport and Cultural Tour, where we faced off in a thrilling match on Thursday. Despite being surprised by an almost all-boys team, our girls were eager to prove their skills.

The competition was tough and we ultimately fell short, scoring 1-7. Amy-Leigh Gibson and Faith Martin put up a fight, nearly securing victories, but unfortunately, they ran out of time. On a brighter note, Isabella Bendon secured a win for us! Despite the outcome, we're immensely proud of our team's resilience and fighting spirit. Watch out, Pearson High School - next time, we'll return stronger than ever!

Faith Martin



While our hockey, netball and soccer players displayed their prowess on the fields outside, the junior and senior debating teams were engaged in intense battles of logic, strategy and wit.

Over the weekend, both teams debated against Pearson High School, Alexander Road High School and Collegiate Girls' High School. We are thrilled to report that both teams left victorious after each debate!

Our arguments became more robust with every debate, helping us do even better in the next one. Besides that, we had such friendly people as opponents, which lessened the tension and allowed us to have fun while debating.

We are incredibly proud of our performance throughout the weekend and can't wait for the next debate!

Sara Rawoot

Results

Debate vs Pearson High School

Senior Motion (Prop) WON (Nina Kielblock - Best Speaker)

THBT the presence of charities is a symbol of the failure of humanity.

Junior Motion (Opp) WON (Aryanna Rooke - Best Speaker)

THBT the government should hold social media companies responsible for overseeing the spread of misinformation.

Debate vs Alexander Road High School

Senior (Opp - Unprepared) WON (Sara Rawoot - Best Speaker)

(Unprepared) TH as a young South African would not vote

Junior (Opp) WON (Rebecca Flier - Best Speaker)

THR the rise of reality television

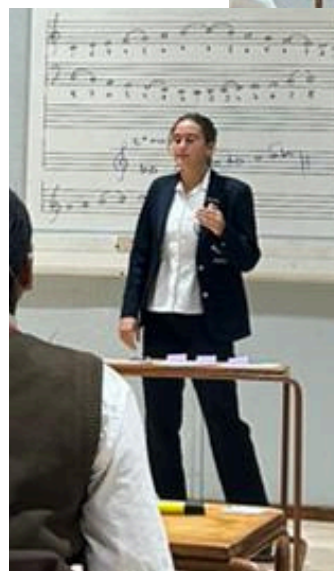
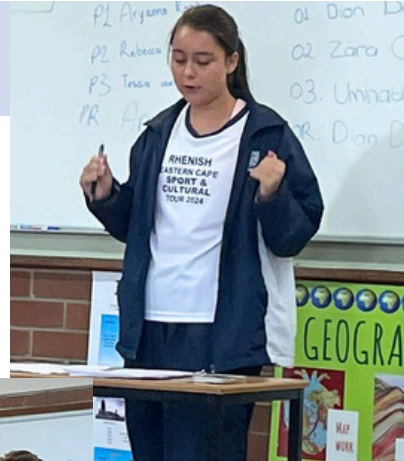
Debate vs Collegiate Girls' High School

Senior Motion (Opp) WON (Sara Rawoot - Best Speaker)

THW privatise all failing state-owned enterprises.

Junior Motion (Prop) WON (Aryanna Rooke - Best Speaker)

THBT animals left in shelters for extended periods of time should be euthanized.





Rhenish Girls' High School orchestra mesmerizes with performances on tour

The orchestra departed from Rhenish Girls' High School at 22:00 on Wednesday. We arrived at Pearson High School on Thursday morning and spent the morning rehearsing our pieces for our performance for the Pearson High School learners. We enjoyed using their beautiful music department, and I think it's safe to say that they enjoyed hearing us play.

We set off to Alexander Road High School the following day, where we played our prepared repertoire during their assembly. We also played "Beauty and the Beast" as a joint piece with their band. It was exciting to play a new piece with a different group and enjoy a fresh sound, as their band has a more extensive brass section than ours.

Touring as an orchestra and hearing other musicians was very inspiring. We are grateful that the schools we visited were so welcoming and happy to watch us perform. We are also endlessly thankful to Mr Piron and Ms de Villiers, who made this possible for the orchestra and guided us every step of the way.

Zoë Booysen



RHENISH SOCCER TEAM

RETURN WITH GREAT RESULTS

Our school's soccer teams have returned from an exhilarating 3-day tour to Gqeberha, where we participated in a few thrilling soccer matches. From 25 to 27 April, both teams demonstrated exceptional skill, teamwork, and determination as they faced off against Victoria Park High School and Alexander Road High School. Although the competition was fierce, both teams held their own, with the 1st team winning one and drawing one and the 2nd team winning two matches.

The tour was a valuable learning experience, teaching us about sportsmanship, discipline, and camaraderie. I want to thank all the hosting families for their exceptional hospitality and kindness towards the Rhenish soccer girls.

As the captain of the 1st soccer team, I am so thankful to have extraordinary coaches like Coach José and Coach Sabeedah, who always believe in us and who are great examples of exceptional leaders,

I am also incredibly proud of all the soccer players' achievements and look forward to their continued success in future tournaments. Well done to both Rhenish soccer teams!

Keisha Leibrandt



CROSS-COUNTRY TEAM RAN AWAY WITH THE VICTORIES

The Rhenish Girls' High School Cross-Country team had a great Eastern Cape Tour with run-away victories against Pearson High School and our derby rivals, Collegiate Girls' High School. The mixed-age group of runners took not only the first three places during their run against Pearson High School, but were also the top five finishers in the derby against Collegiate, with Harriet Smit leading the charge.



TENNIS PLAYERS ACE EASTERN CAPE OPPOSITION

Katrien Booysen

The U15A and first tennis teams were extremely excited to represent Rhenish Girls' High School at our annual derby in the Eastern Cape. With the help of our coach, Sunel Malan, both the tennis teams returned home unbeaten against Collegiate Girls' High School and Pearson High School.

Given that none of us have had the opportunity to experience the eleven-hour bus trip to Gqeberha due to COVID-19, it was a very special tour for both the seniors and the juniors.

This tour made supporting all the cultural and sports teams easy, which instilled a new sense of support and unity among all sports and cultural teams. The tennis teams were thrilled to finally be able to watch and play alongside our other sports teams. On top of this, it was also fantastic to get to know the young U15 players and support them through their matches.

We are immensely grateful to be in a school where competitive and prestigious derbies like this take place and where the participants are supported so well by their coaches, teachers and liaisons.



Rhenish wins netball derby



It was a great weekend for the First Team netball. We had a game against Pearson High School, which we narrowly lost by one point. However, after the devastation, we picked ourselves up and had an amazing game against Woodridge College.

Collegiate Girls' High School was a formidable opposition, but we fought till the end and secured an exciting win over Collegiate by two goals. It was a rewarding win, and the school's support and cheering carried us through. We ended the day watching the hockey, where they also had a fantastic game. We returned to Stellenbosch very proud of our achievements.

Anja Durand

Hockey team stands strong on Eastern Cape Tour

In the heart of Gqeberha, amidst cheers and fervent support, our First Team Hockey showcased their dedication and prowess while emerging victorious in thrilling derbies against Pearson High School, Collegiate Girls' High School and an additional fixture against Woodridge College.

Up against Pearson High School, for the second time this season, we did not disappoint with another 4-0 win. From the opening whistle, it was evident that the girls meant business, swiftly dominating possession and dictating the pace of the game. The atmosphere Rhenish brought on and off the hockey field was electric and we definitely left our mark.

Friday morning held a new challenge for us - facing Woodridge College. The girls produced skill and urgency, walking away triumphant with an impressive 6-0 victory.

The game against Collegiate Girls' High School was the weekend's highlight. There were big celebrations for our vice-captain, Puck Bakker, who received her 100th cap. To mark the occasion, she went on to score a goal. There was a sense of passion and pride in the match against Collegiate, and the final score was 4 - 0. The growth and development of this team is immense and they are playing hockey at an incredibly high level. This derby was an amazing experience and prepared us well for All Girls 2024.



Ruby Cilliers

RHENISH'S GOT T★LENT



Milani Sixabayi

As the lights dimmed, Mr Piron was ready to cue the music and so the show began. Anticipation hung thick in the air, and after the astounding introduction of 11C, with Miss Vermeulen as the star of the show, it became clear to the audience that indeed it would be 'the greatest show on earth'.

The talent on display was incredible and had the audience jumping out of their seats. Applause and screams echoed with the acoustics of the hall, bouncing from wall to wall in awe of the brilliance of the Rhenishers brave enough to showcase their secret strengths.



Being part of all the behind the scenes processes needed to make this show possible was a privileged and it highlighted the fact that teamwork and a willingness to work together results in success. 11C, guided by Miss Vermeulen, was only able to make this possible because of the participation of everyone as well as the support we as a class received from the school community.



With that being said we'd like to thank each and every sponsor who made the night possible, every judge who took time out of their busy schedule, Mr Piron for the sound, the ground staff who made it look beautiful as well as every student and parent who came to support.

Volleyball Fundraiser

This year 11D hosted a Volleyball tournament on 18 April as our Matric Dance class fundraiser. The decision to host a volleyball tournament did not come easy, as we struggled to choose an event. Once someone in my class mentioned the idea, our class instantly fell in love with the idea, and we got to work. This fundraiser taught us all how much time and effort it takes to host events as simple as a Volleyball tournament, and this experience will make us appreciate every sports tournament we go to in the future.

In the beginning, we struggled to receive entries for the tournament, but after making a fun video to promote the event, frequent advertising and opening our tournament to our neighbouring schools, Paul Roos and Bloemhof, we received an outstanding amount of entries, adding up to 18 official teams that took part in the tournament. On the tournament day, we split up the Rhenish Volleyball court into three courts, set up our bake sale stands and got ready to host our long-awaited tournament. The turnout was terrific, from those competing and those who came to support the tournament.

After a few hours of games, good music and company, we ended our tournament with a fun game against a teacher's team that ended in victory, favouring the teacher's team. After a close final, a Paul Roos team claimed the title and received a generous prize, which included multiple prizes that were generously sponsored by many people in our class.

The massive success of this volleyball tournament would not have been possible without the efforts and help of my classmates and the guidance of our register teacher, Ms Abrahams. We also received massive support from Ms Schreuder, our grade head and all the teachers who participated in the tournament and helped us make this tournament a smooth success. Hosting this event taught our class the critical skills of putting together an event like this and showed us how sports can bring everyone together.

Nicolette De Lapelin Dumont



In aid of the matric dance fundraiser, 11E got to showcase our baking skills. We had a sweet success through selling a variety of delectable treats ranging from French brownies to strawberry cupcakes (made from fresh strawberries). We worked well as a class and efficiently managed the bustling crowd resulting in our stalls being sold-out by the end of first break. The electronic and cash payments poured in, totalling R2450.

During Friday's break, we sold Roman's Pizza to the school with the aid of Ms De Kock. We sold a total of 408 pizzas, and managed to generate a profit of R4672.75. We all pitched in to hand out pizzas at the tables, ensuring a smooth operation. It was a rewarding experience to see our hard work pay off and our delicious pizzas being enjoyed by students and teachers alike.

Overall, we were able to raise R7122 in aid of the matric dance. However, keep an eye out for another bake sale in the future, which will be even better than the first.



11

D

Fundraising

Shiloh Daniels

River Cleanup

Amber Mendes

RHECO cleanups are back in action and better than ever! This week we took on our first trip down Eerste Rivier with some friends from Paul Roos and Bloemhof. Although this cleanup was smaller than usual, the team were in high spirits. We collected 4 bags worth of trash and left the river looking like a testament to the beautiful Stellenbosch. We collected many items, from plastic bottles and cans to old newspapers and wooden coat hangers. We eventually left our bags in the local recycling dump and headed back to Rhenish feeling a sense of pride in our clean community.

Thank you to Paul Roos and Bloemhof for joining us during our cleanup. We hope to see more girls join us on our next few adventures. Keep an eye out for some exhilarating projects launching soon.





Grace Morris has been selected for the South African Team that will be participating at the XVI Africa Aquatics Swimming Championships in Luanda, Angola, from 30 April to 5 May 2024.



Amber-Rose Berry recently qualified and participated in the South African National Open Water Championships